

Taiwan travel agent fact sheet

Why visit Taiwan?

If you could bottle Asia, you'd likely call it Taiwan. At just 36,197 km² (half the size of Scotland), Taiwan's unique personality is richly influenced by the four corners of Asia.

From the beach to the land and the mountains to the cities, Taiwan is safe, accessible and culturally diverse. It also comes with a welcome that is nothing short of WOW!

When to visit

Taiwan has something to offer year-round, with mild spring and autumn months especially popular with visitors.

Culinary highlights

Night markets: Try gua bao (pork belly buns), scallion pancakes, stinky tofu, and bubble tea.

Local dishes: Lu rou fan (braised pork rice), beef noodle soup, and fresh seafood.

Vegetarian-friendly: Taiwan is one of the countries with the highest population of vegetarians, meaning vegetarian food is widely available across the island.

Who is Taiwan perfect for?

Culture seekers

Foodies

Luxury couples retreats

Nature lovers

Families

Adventure travellers

Water activities

Tea and whiskey lovers



Transport



Reaching Taiwan from Europe is straightforward. Whether via direct or connecting flights, most international arrivals land at Taoyuan International Airport (TPE), Taiwan's main gateway. Located about 40 minutes from downtown Taipei, TPE is conveniently accessible via the Taoyuan Airport MRT.

Taiwan's world-class infrastructure makes travel easy. The country is well connected by public transport and high-speed rail, with much of the island accessible within just a few hours.

Did you know?



- ★ Taiwan is ranked among the top 10 safest destinations in the world.
- 🌿 Over 70% of Taiwan is covered by mountains and forests.
- 🚲 Taiwan offers fantastic cycling routes, including round-island trails.
- 🌈 Taiwan is incredibly LGBTQ+ friendly, and Taiwan Pride is the largest LGBTQ+ pride event in East Asia.
- 🍹 Bubble tea was invented in Taiwan!

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Top experiences

Taipei



Vibrant capital with temples, night markets, and modern design. Don't miss: Taipei 101, the National Palace Museum, and street food at Shilin Night Market.

Sun Moon Lake



Serene mountain lake – ideal for hiking, cycling, boat tours, or simply relaxing while immersing yourself in the surrounding beauty.

Alishan



Take the scenic forest railway through misty mountains and ancient cypress forests.

Tainan



Tainan, Taiwan's former capital, offers old-world charm with temples, historic streets, and traditional bars. Immerse yourself in authentic Taiwanese street food and culture.

Kenting



Hike or snorkel around Taiwan's southern tip, home to white-sand beaches, coral reefs, tropical forests, and Kenting National Park. Perfect for beachside relaxation and adventure.

Culinary Delights



Sample everything from Michelin-starred dining to iconic night market snacks.

Travel tips

Language



Mandarin is official; English is spoken in tourist areas.

Getting around



Excellent public transport – high-speed rail connects west coast cities. Local trains, metro systems, and affordable taxis make travel easy.

Connectivity



Free public Wi-Fi in many areas; easy SIM card access.

Currency



New Taiwan Dollar (TWD). Credit cards widely accepted.